

# Patient Health History

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Today's Date \_\_\_\_\_

First Name \_\_\_\_\_ Nick Name \_\_\_\_\_

Last Name \_\_\_\_\_ Middle Name \_\_\_\_\_ Suffix \_\_\_\_\_

Mailing Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip Code \_\_\_\_\_

Primary Phone \_\_\_\_\_ E-Mail \_\_\_\_\_

Date of Birth \_\_\_\_\_ Age \_\_\_\_\_ Gender (check one)  Male  Female  Unspecified

Marital Status (check one)  Single  Married  Other

Employment Status (check one)

Employed  FT Student  PT Student  Other  Retired  Self Employed

Race (check one)

Caucasian  Black/African American  Hispanic  American Indian/Alaskan Native  
 Other \_\_\_\_\_  I choose not to specify

Multi-Racial (check one)  Yes  No  Unknown

Ethnicity (check one)  Hispanic or Latino  Not Hispanic or Latino  I choose not to specify

Preferred Language \_\_\_\_\_  I choose not to specify

Referred to this Office by:  Friend/Family Member – Name? \_\_\_\_\_

Yellow Pages  Mail  Clinic Location  Other \_\_\_\_\_

Verification Question (choose only **one** question by checking the box, then give the answer to that question)

- What is the name of your favorite pet?  In what city were you born?  What high school did you attend?  
 What is your favorite movie?  What is your mother's maiden name?  On what street did you grow up?  
 What was the make of your first car?  When is your anniversary?  What is your favorite color?

Verification Answer to the Chosen question (Must be at least 6 characters): \_\_\_\_\_

Do you currently smoke tobacco of any kind?  Yes  Former smoker  Never been a smoker

If yes, how often do you smoke:  Current every day smoker  Current sometimes smoker

If yes, what is your level of interest in quitting smoking?

0  1  2  3  4  5  6  7  8  9  10  
No interest Very Interested

Current medications, including dosage & DATE FIRST PRESCRIBED if known.

If there are no current medications, check here:

1) \_\_\_\_\_ 2) \_\_\_\_\_

3) \_\_\_\_\_ 4) \_\_\_\_\_

List any known allergies you have had to any medications.

If no allergies are known, check here:

1) \_\_\_\_\_ 2) \_\_\_\_\_

Briefly list your main health problems: \_\_\_\_\_

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Has any doctor diagnosed you with Hypertension presently?  Yes  No

Has any doctor diagnosed you with Diabetes presently?  Yes  No If yes, what kind?  Type I  Type II

If yes to Diabetes, was your blood lab-work test for hemoglobin A1c > 9.0%?  Yes  No  Not Sure

Have you had an X-ray or CT scan or MRI of your low back spine in the past 28 days?  Yes  No

**MEDICAL/FAMILY HISTORY**

S = Self M = Mother F = Father

- S M F    Cancer Type \_\_\_\_\_ S M F    Gastrointestinal Disorder Type \_\_\_\_\_ S M F    Diabetes Type \_\_\_\_\_ S M F    Kidney Disease Type \_\_\_\_\_
   COPD    Emphysema    Pneumonia    Influenza
   Asthma    Chronic Bronchitis    Pulmonary Embolism    Clotting Disorder
   Dementia    Alzheimer's    Angina    Heart Attack
   Heart Disease    Coronary Artery Disease    High Cholesterol    Hypertension
   Osteoporosis    Septicemia    Stroke/Brain Attack    Bipolar Disorder
   Anxiety    ADDH    Autism    Dementia
   PTSD    OCD    Schizophrenia    Depression
   Personality Disorder    Panic Disorder    Eating Disorder

Have you been treated by a physician for any health condition in the last year?  Yes  No

Describe Condition \_\_\_\_\_ Date of Last Physical Exam \_\_\_\_\_

**SURGICAL HISTORY**

\_\_\_\_\_  
Date: \_\_\_\_\_  
\_\_\_\_\_  
Date: \_\_\_\_\_  
\_\_\_\_\_  
Date: \_\_\_\_\_

Have you ever had a metal implant?  Yes  No Ever been gunshot?  Yes  No

**ACCIDENT HISTORY:**

Job  Auto  Other 1. \_\_\_\_\_ Date: \_\_\_\_\_  
 Job  Auto  Other 2. \_\_\_\_\_ Date: \_\_\_\_\_

**PLEASE DESCRIBE PRESENT MAJOR COMPLAINTS:**

Please Rate Your Symptoms (1-10, with 1 being the least serious)

\_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10  
\_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10  
\_\_\_\_\_  
1 2 3 4 5 6 7 8 9 10

HOW AND DATE IT OCCURRED? \_\_\_\_\_

SYMPTOMS HAVE PERSISTED FOR # \_\_\_ HOUR(S) \_\_\_ DAY(S) \_\_\_ WEEK(S) \_\_\_ MONTH(S) \_\_\_ YEAR(S)

NAME AND LOCATION OF DOCTORS PREVIOUSLY SEEN FOR PRESENT CONDITION(S): \_\_\_\_\_

ARE YOU PREGNANT  NO  YES, DATE OF LAST MENSTRUAL PERIOD \_\_\_\_\_

**PLEASE CHECK THE FOLLOWING ACTIVITIES THAT AGGRAVATE YOUR CONDITION:**

- SITTING  STANDING  WALKING  BENDING  STOOPING  LIFTING
 SLEEPING  SNEEZING  COUGHING  STRAINING  REACHING  TWISTING
 LOOKING UP  LOOKING DOWN  MOVEMENT  REST  LYING SUPINE  DRIVING
 TYPING  SCOOPING  HOUSE CHORES  EXERCISE  LYING PRONE  STAIR STEPPING

**PLEASE CHECK THE FOLLOWING ACTIVITIES THAT RELIEVE YOUR CONDITION:**

- SITTING  STANDING  LYING  KNEES BENT UP  SUPPORT
 NO MOVEMENT  MOVEMENT  HEAT  ICE  ANALGESIC TOPICAL
 IBUPROFEN  MEDICATION  REST  STRETCHING/EXERCISE  ADJUSTMENT

HEIGHT: \_\_\_\_\_ inches WEIGHT: \_\_\_\_\_ pounds BP: \_\_\_\_\_/\_\_\_\_\_

## CONSENT TO TREAT

Dr. Rohm will use his hands or a mechanical instrument upon your body in such a way as to move your joints. This procedure is referred to as "Spinal Manipulation" or "Spinal Adjustment." As the joints in your spine are moved, you may experience a "pop" as part of the process.

There are certain complications that can occur as a result of a spinal manipulation. These complications include, but are not limited to: muscle strain, cervical myelopathy, disc and vertebral injury, fractures, strains and dislocations, Bernard-Horner's Syndrome (also known as oculosympathetic palsy), costovertebral stains and separation. Rare complications include, but are not limited to stroke. The most common complication or complaint following spinal manipulation is an ache or stiffness at the site of adjustment.

Dr. Rohm is aware of these complications and in order to minimize their occurrence he will take precautions. These precautions include, but are not limited to Dr. Rohm taking a detailed clinical history of you and examining you for any defect which would cause a complication.

If you are pregnant, you should tell Dr. Rohm when he discusses your clinical history with you.

## PATIENT HEALTH INFORMATION CONSENT FORM

We want you to know how your Patient Health Information (**PHI**) is going to be used in this office and your rights concerning those records. Before we will begin any health care operations we must require you to read and sign this consent form stating that you understand and agree with how your records will be used. If you would like to have a more detailed account of policies and procedures concerning the privacy of your PHI we encourage you to go to the HHS web site at [www.hhs.gov/ocr/privacy/hipaa/understanding/index.html](http://www.hhs.gov/ocr/privacy/hipaa/understanding/index.html).

1. The patient understands and agrees to allow this chiropractic office to use their Patient Health Information (**PHI**) for the purpose of treatment, payment, healthcare operations, and coordination of care. As an example, the patient agrees to allow this chiropractic office to submit requested PHI to the Health Insurance Company (or companies) provided to us by the patient for the purpose of payment. Be assured that this office will limit the release of all PHI to the minimum needed for what the insurance companies require for payment.
2. The Patient has the right to examine and obtain a copy of his or her own health records at any time and request corrections. The patient may request to know what disclosures have been made and submit in writing any further restrictions on the use of their PHI. Our office is not obligated to agree to those restrictions.
3. A patient's written consent need only be obtained one time for all subsequent care given the patient in this office.
4. The patient may provide a written request to revoke consent at any time during care. This would not affect the use of those records for the care given prior to the written request to revoke consent but would apply to any care given after the request has been presented.
5. For your security and right to privacy, all staff have been trained in the area of patient record privacy and a privacy official has been designated to enforce those procedures in our office. We have taken all precautions that are known by this office to assure that your records are not readily available to those who do not need them.
6. Patients have the right to file a formal complaint with our privacy official about any possible violations of these policies and procedures.
7. If the patient refuses to sign this consent for the purpose of treatment, payment and health care operations, the chiropractic physician has the right to refuse to give care.

\_\_\_\_\_  
Printed Name

\_\_\_\_\_  
Date

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Signature of Parent or Guardian (if a minor)

\_\_\_\_\_  
Witness Signature

\_\_\_\_\_  
Date